

## **My work-life balance at HSBC**

Hey, I am Joyce, a graduate based in London.

Hi, my name is Jason. I'm a HSBC graduate working in Hong Kong.

Hi, I am Melina. I work for HSBC in San Francisco. After a day in the office, you'll often find me hitting the sidewalk for a run, soaking in the sights and sounds of the city. On weekends, I try to explore new running trails, or unwind with a jog along the bay.

Football has always been a significant part of my life, I competed at the academy level for West Ham, and continued to play through Uni. Now, with the encouragement and understanding of my colleagues, I actively participate in a local East London league.

For me, being able to focus on work-life balance is really important. In my spare time, I enjoy badminton, running, as well as catching up with my friends.

What is nice is the supportive atmosphere at HSBC. My team recognises the value of personal pursuits.

#LifeAtHSBC

Opening a world of opportunity